Manipulating $\beta 2$ adrenergic activity in IUGR-born lambs with daily clenbuterol injections improved glucose-stimulated insulin secretion and oxidative metabolism at 60 days of age. Rachel L. Gibbs*, Rebecca M. Swanson, Joslyn K. Beard, Eileen Marks-Nelson, James A. Wilson, Dustin T. Yates

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Abstract

Objectives: Metabolic programming by intrauterine growth restriction (IUGR) includes reduced muscle β 2 adrenoceptors, which persists after birth. We sought to determine whether increasing $\beta 2$ adrenergic tone might improve metabolic outcomes in IUGR-born juvenile offspring. Methods: Pregnant ewes were housed under thermoneutral or hyperthermic (40°C) conditions from d35 to 95 of gestation to produce control and IUGR-born lambs. From birth to 60d of age, IUGR lambs received IM injections of saline (IUGR; n=10) or 0.8 µg/kg/d clenbuterol (IUGR+CLEN; n=10). Control lambs (n=11) were pair-fed and saline-injected. Lambs were catheterized on d55. Whole-body oximetry was performed on d30 and 57. Hyperglycemic and hyperinsulinemic-euglycemic clamps were performed on d58 and 59, respectively. Lambs were necropsied on d60. **<u>Results</u>**: Basal plasma insulin did not differ among groups. Glucose-stimulated insulin secretion was less (P < 0.05) for IUGR lambs than controls and was intermediate (P<0.05) for IUGR+CLEN lambs. Basal and insulinstimulated hindlimb glucose uptake did not differ among groups. Basal hindlimb glucose oxidation did not differ, and insulin-stimulated glucose oxidation was less (P < 0.05) for IUGR but not IUGR+CLEN lambs compared to controls. Glucose-to-insulin ratios and high-density lipoproteins were greater (P < 0.05) and blood urea nitrogen was less (P<0.05) for IUGR and IUGR+CLEN lambs than controls, regardless of period. Plasma triglycerides were not different for IUGR lambs but were greater (*P*<0.05) for IUGR+CLEN lambs than controls. Conversely, plasma non-esterified fatty acids were less (P < 0.05) for IUGR but not IUGR+CLEN lambs compared to controls. Regardless of age, wholebody O_2 consumption was less (P < 0.05) for IUGR and IUGR+CLEN lambs and CO₂ production was less (P < 0.05) for IUGR but not IUGR+CLEN lambs than for controls. <u>Conclusions</u>: Deficits in metabolic substrate utilization and oxidative metabolism persisted in IUGR-born juvenile lambs but targeting underlying β 2 adrenergic dysfunction effectively improved metabolic outcomes in these offspring.

Introduction







