Events to look forward to:

**FFA Vet Science Contest**
- April 10th, 2014

**Companion Animal & Wildlife Career Day, Grand Island, NE**
- April 25th, 2014 9:00am-2:30pm

**Canine Companions for Life Nebraska 4-H Dog Expo**
- April 25th-26th, 2014

**4-H District Horse Shows**
- June 9th-14th, 2014

**4-H State Horse Show**
- July 14-17, 2014

**State 4-H Dog Show**
- August 24th, 2014

**State 4-H Companion Animal Show**
- August 24th, 2014

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**UNL C&H News**

**Companion Animal and Horse**

**April 2014**

**4-H Horse Stampede 2014**

The 4-H Horse Stampede was a huge success with 87 total kids participating in the four events; Horse Bowl, Public Speaking, Demonstrations and an Art contest. There was tough competition and great sportsmanship demonstrated from all the participants.

There were 9 Senior Horse Bowl Teams which participated in the horse bowl contest. The championship team in the senior division was from Douglas/Sarpy County and included Kristen Hall, Catherine Jones, Mariah Moore and Morgan Taylor. The reserve championship team was from Dawson County and included Dannyl Bromander, Blaire Gibbens, Kylee Miller, Emily Smith, and Leah Treffer. There were 6 Junior Horse Bowl Teams in the contest. The championship team in the junior division was from Lancaster County and included Anne Cashmere, Cally Dorff, Aussia Stander, and Chloe Stander. The reserve championship team was from Adams County and included Tara Allen, Ashlyn Mohling, Audrey Pile, and Grace Swayze.

Nine individuals competed in the demonstration contests either as a junior or senior and as an individual or as a team. In the senior division the championship team was from Douglas/Sarpy County and the participants were Catherine Jones and Mariah Moore. The individual champion in the senior division was Leah Treffer from Dawson County and the reserve champion was Dannyl Bromander from Frontier County. The individual champion in the junior division was Sarah Treffer from Dawson County and the reserve champion was from Bri Wilkinson from Douglas/Sarpy County.

Five individuals competed in the public speaking contest in either the senior or junior division. The champion in the senior division was Emily Critser from Platte County. The champion in the junior division was Greg Treffer from Dawson County and the reserve champion was Payton Schiller from Cuming County.

The art contest consisted of 34 contestants in senior, junior, and elementary divisions. The champion in the senior division was Shelby Engels from Buffalo County and the reserve champion was Kaylee Heins from Dawson County. The champion in the junior division was Rachel Baustert from Buffalo County and the reserve champion was Payton Schiller from Cuming County. The champion in the elementary division was Emmi Dearmont from Lancaster County and the reserve champion was Grace Spaulding from Lancaster County.

**Visit the link below to sign up for the C & H Newsletter:**
[http://go.unl.edu/chsignup](http://go.unl.edu/chsignup)
What to do?...Goals!

By: Kathy Potthoff, Extension Educator

Increasing daylight and some warmer days may encourage us to think about goals for 2014. What skills did you work on last year? What new things did you learn? Did you feel inspired and motivated to work on those goals? Were you able to get all the things accomplished that you had hoped or did you find your goals were a little flat and not as interesting as you hoped? Did you develop a goal only to forget about it until it was time to record your progress in your 4-H portfolio? A good way to direct and tailor your own goals is to take a little bit of time now and work out the details which will make it easier to follow and increase your success!

1. Brainstorm! What do you want to learn or work on in your project this year? Take a few minutes and write down your top ideas. This can be done as an individual or as a group. Do you want to put more time into working with your animal to improve your skills? Do you want to learn about how life stage of an animal affects nutritional requirements? Do you want to help younger youth learn about safety while working with their animal? Do you want to learn about horse teeth and watch a dental examination and treatments? Do you want to organize an effort to collect supplies for an animal shelter that would help them be able to better care for animals? Do you want to shadow an adult who has a career that you may later like to select for yourself? Do you want to compare skeletal systems of several species and prepare a presentation to share what you have learned? Do you want to increase your dog’s condition level and increase your exercise in order to be a well prepared team for agility?

2. Write It Down! Select and write down your top goal. Make it specific and very clear. You may later revise or edit but be sure it is written down. Not everyone in your group needs to select exactly same goal as this makes it more specific and will meet your own needs.

3. Determine Steps! Break down your goal and write out the steps necessary to accomplish your goal. Write down any details about people to contact for information or who else to involve. Note the time frame of when to accomplish each step. You may want to involve more members of your club or community. Include what resources are needed to accomplish each step. Is there one thing each day that you can do to take you closer to achieving your goal?

4. Share Goal and Progress! Share your goal with others and then keep them updated about your progress will help you stay committed to your intentions. Other people may also be able to help with some information or help attain the goal. It will help to keep a copy of your written goal in a very visible place such as in your room where you will see it every day as a reminder. It may be helpful to use technology to help with time lines by using reminder messages, calendars, apps, etc..... Are you on track with your timeframe?

5. Reflect and Celebrate! At the end of the timeframe reflect to see if you have achieved your goal. Share your success with others! Did you learn anything that will help you set future goals? Do you have ideas for future goals?

By taking a little bit of time to plan out your goal and keep other people updated on your progress you will drastically increase your success rate. The goals you set for 2014 can be creative and a bit challenging! Setting your own goals can be exciting and self-driven to accomplish and make the most of what you want to learn!

TRIVIA!
Test your knowledge with the following trivia questions! (Answers on page 4)

- What animal’s ear can pivot 180 degrees?
- How long do horses generally sleep throughout the day?
As the school year is winding down, now is a good time to think about putting together a veterinary science poster for your county fair. The veterinary science poster category gives you a chance to learn more about a veterinary topic that is important to you. Most counties have both a large animal and a small animal category for their contest.

Here are some tips to put together your poster:

- Choose a topic that is current or important to you. Does your animal have a unique health problem? Was there a story recently in the news related to a health issues? Is there a topic you just want to know more about?

- Explain why people and the judge should care about this topic. How many animals does it affect each year? What are the issues that arise for an animal that has it?

- Describe signs, interesting facts, treatment, etc. about your topic. Choose information that will tell the story of the causes, concerns, and treatment of the disease.

- Use pictures that illustrate key points. Choose clear pictures. Make sure the pictures are not too graphic or bloody.

- Don’t write too much and keep it readable. Your poster should be easy to read at a distance. Just choose the important information. Use bullets instead of paragraphs.

- Consider doing the interview judging. Many counties offer interview judging for their veterinary science posters. This is a great time to explain to the judge what you learned and what you enjoyed about your project. You might even teach the judge something they didn’t know!

- You must use references to find your information. You want to make sure that you are looking for sources that are reliable and accurate. Some examples of good sources are:
  - Veterinarian
  - Books
  - Credible websites

- Cite your sources on your poster:
  - Book with one author: Author’s last name, First name and Middle initial [if available]. Italicize Title. Publication Location: Publishing Company, Year. Print.
  - Website: Author’s last name, First name and Middle initial. “Title of the work [quotation marks].” URL. Title of the overall web site [italicized]. Date of publication [day, month, and year, as available]. Format. Date of access [day, month and year].

For additional examples: http://library.csun.edu/egarcia/documents/mlacitation_quickguide.pdf

**Enter our photo contest!**

Send in the cutest, funniest, fluffiest, or craziest picture you have of your beloved companion animal or equine friend. The winner will be feature in the next issue! All entries must be sent to lkarr-lilienthal2@unl.edu or lcottle2@unl.edu by July 18th, 2014.
Biosecurity During Horse Events
By: Kathy Anderson, PhD, Equine Extension Specialist

As we move into spring and summer, the horse world becomes very active with large, organized trail rides, horse shows, sales, parades, and other events where horses congregate. Approaches some horse owners may recall past concerns of various horse related diseases such as EHV-1, Strangles, and Equine Infectious Anemia (EIA). A few years ago, one show in Utah from which horses returned to multiple states illustrated very well how rapidly horses travel and can spread disease. Thus all involved with these events need to remember good biosecurity practices.

Following are biosecurity measures to implement when horses are congregated at events:

- Minimize nose-to-nose contact between horses. Do not allow another horse to sniff your horse’s nose “to get acquainted.”
- Do not share equipment for use with other people’s horses. Alternatively, if any equipment is loaned, keep it away from your horses until it is cleaned with a detergent, rinsed, and properly disinfected.
- Do not use common water troughs. Bring your own water and feed buckets.
- Avoid common-use areas such as tack stalls used to groom and tack multiple horses. If these common areas must be used, use cross ties instead of tying horses to a post, wall, or other nose-to-nose contact area.
- halters, lead shanks, and face grooming towels should be used on one animal only and not shared between animals.
- Wash your hands or use a 62% ethyl alcohol hand gel before and after handling or riding other people’s horses.
- Early detection of disease is paramount, especially contagious infectious diseases. Take horse’s temperatures twice daily (morning and night) during the event and for two weeks after return to the stable.
- Quarantine horses when they return to the barn or training facility after an event.

These precautions do involve more work, more time, and more awareness. However, it will help reduce the risk of horses being exposed to multiple viral and bacterial diseases while on the road.

Help us make our newsletter better!
Answer the following questions and send your response to http://go.unl.edu/chsurvey

1. What would you change about this issue?
2. What is one thing you’d like to see in the next issue?
3. Do you believe there is helpful information in this issue? If so, what is helpful?
4. Any other suggestions to better our newsletter?

Trivia answers!
- What animal’s ear can pivot 180 degrees? The Cat!
- How long do horses generally sleep throughout the day? 2 1/2 - 3 hours a day!
Ranch Horse Pleasure

By: Lena Cottle, PhD, Equine Extension Specialist

Do you have a ranch horse or a horse that is not necessarily a typical western pleasure horse? If so then Ranch Horse Pleasure is for you!!

The purpose of a Ranch Horse Pleasure horse should reflect the versatility, attitude, and movement of a working horse. The horse’s performance should simulate a horse riding outside the confines of an arena and that of a working ranch horse. This class should show the horse’s ability to work at a forward, working speed while under control by the rider. Light contact should be rewarded and horse shall not be shown on a full drape of reins. The overall manners and responsiveness of the horse while performing the maneuver requirements and the horse’s quality of movement are the primary considerations.

- The required maneuvers will include the walk, trot, and lope both directions: and the extended trot and extended lope at least one direction; as well as stops and back.
- Three optional maneuvers may include a side pass, turn of 360 degrees or more, change of lead (simple or flying), walk, trot, or lope over a pole(s); or some reasonable combination of maneuvers that would be reasonable for a ranch horse to perform.
- No time limit
- The use of natural logs in encouraged
- Posting at the extended trot is acceptable
- Must complete Advancement Level 3 to participate at the State horse show
- May only enter one pleasure class out of Western Pleasure, Hunter Under Saddle, Advanced Western Pleasure, or Advanced Hunter Under Saddle
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2014 NEBRASKA DISTRICT 4-H HORSE SHOWS
all entries due to county office May 9, 2014
Note: ALL Level testing required for participation in the 2014 District 4-H Horse Shows MUST be completed by MAY 9, 2014

2014 Districts, Dates and Sites
June 9 – Scotts
June 10 – North Platte
June 11 – Lincoln
June 12 – Oak View
June 13 – Clay Center
June 14 – Beatrice

Reminder: All Entries for the State Horse must be mailed by May 9, 2014.
These include Showmanship, Hunter, All Cattle Gaited, Hunter Hack, Dressage, Advanced Hunter Under Saddle, Hunt Seat Equitation, Western Pleasure and Horsemanship, Trail, 2 year old and 3 year old Western Pleasure and Working Ranch.
2014 Fonner Park State 4-H Horse Show July 14 – 17, 2014

Changes in State Horse Contests in 2014
NOTE: The following entry rules pertain only to the Nebraska 4-H District and State Horse shows. County or local 4-H shows may or may not follow these class entry rules at their discretion.

- The changes in age requirements will go into effect January 1, 2014
- All District and State Horse Show participants must be 10 years of age and be under 19 years of age by January 1st of the current calendar year.
- A junior is 10 years of age and no older than 14 years of age as of January 1 of the competition year.
- A senior is 15 years of age by January 1 of the competition year and have not reached the age of 19 years on or before January 1 of the calendar year of competition.
- All advancement level requirements will remain the same for District and State contests.
- The age requirements for “State Horse Contests” such as Horse Bowl, Hippology, Horse Judging, Demonstrations, Public Speaking, and Art will follow the same age groups.
  - Senior team events are designed for youth 14 years and older.
  - Ten to 13-year-olds may compete at the state contest, but will be ineligible for selection as a Nebraska representative to the corresponding national event.
- The entry fees will increase from $5 to $10 per class or contest.
- Ranch Horse Pleasure will be added to the list of state classes
  - Exhibitors must have passed their Level III requirements to be eligible to enter the class.
  - An individual and/or horse may enter in only one Pleasure class; Ranch Horse Pleasure, Western Pleasure, Hunter Under Saddle, Advanced Western Pleasure or Advanced Hunter Under Saddle.
- A 14-Day Health Certificate and proof of a negative Coggins test will be required for the Fonner Park State 4-H Horse Show in Grand Island, NE.

Thank you,
Lena Cottle, Equine Extension Specialist and Horse Advisory Committee

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.