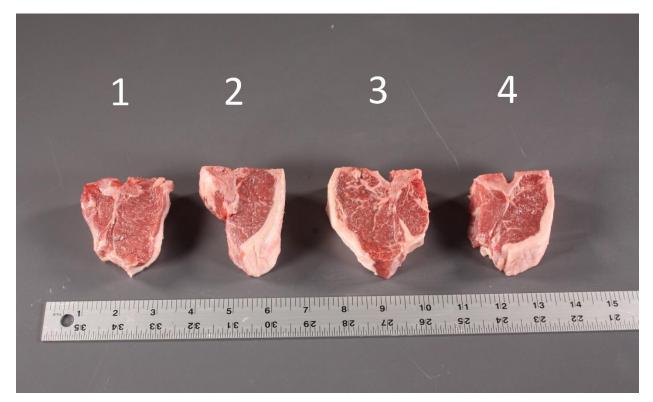
2021 Nebraska Virtual Meat Evaluation CDE

Copyright 2021 University of Nebraska-Lincoln

Class 1: Lamb Chops



Placing: 3142

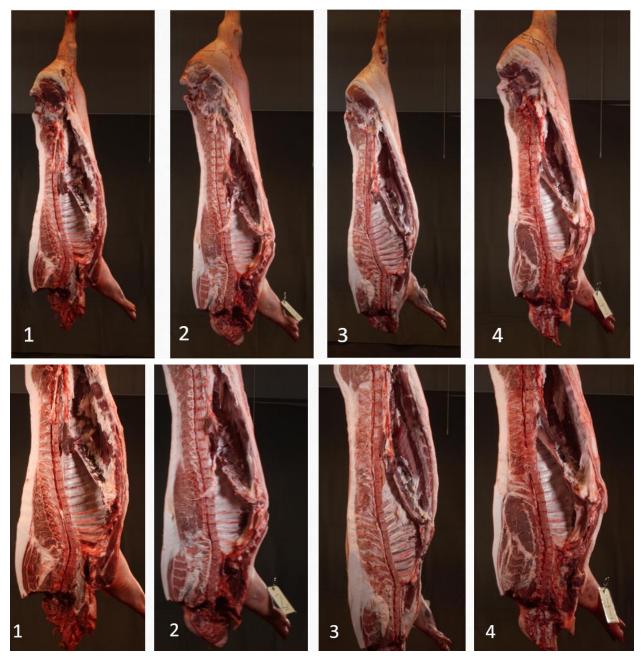
Cuts: 2 4 3

Questions:

- 1. Which chop had the smallest Psoas major muscle? 2
- 2. Which chop was the trimmest? 1
- 3. Between 1 and 2, which chop had the largest bone? 2
- 4. Which chop had the largest area of exposed lean? 3
- 5. Between 2 and 3, which chop was fattest? 2

Class 2: Pork Carcasses





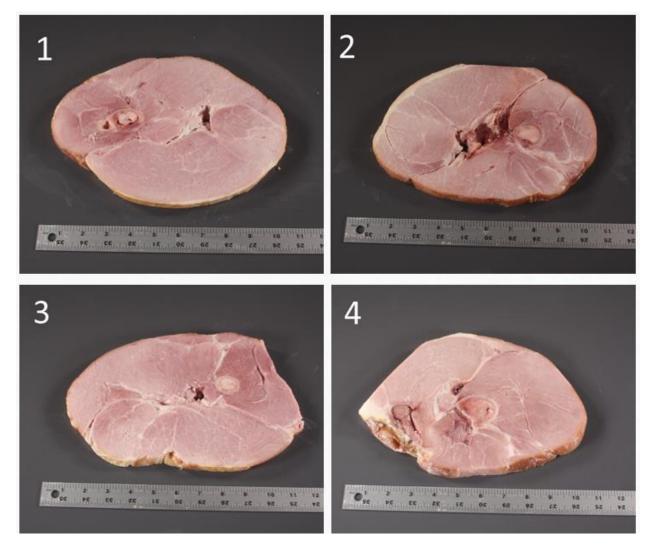
Placing: 2341

Cuts: 234

Questions:

- 1. Which carcass was the fattest over the ham collar and into the belly pocket? 4
- 2. Which carcass was the trimmest over the last rib? 3
- 3. Between 2 and 3, which carcass had a thicker cushioned center ham section and a more bulging, expressive shoulder? 2
- 4. Which carcass had the most rib feathering? 4
- 5. Which carcass was the fattest down the midline from the first rib to the last rib? 1

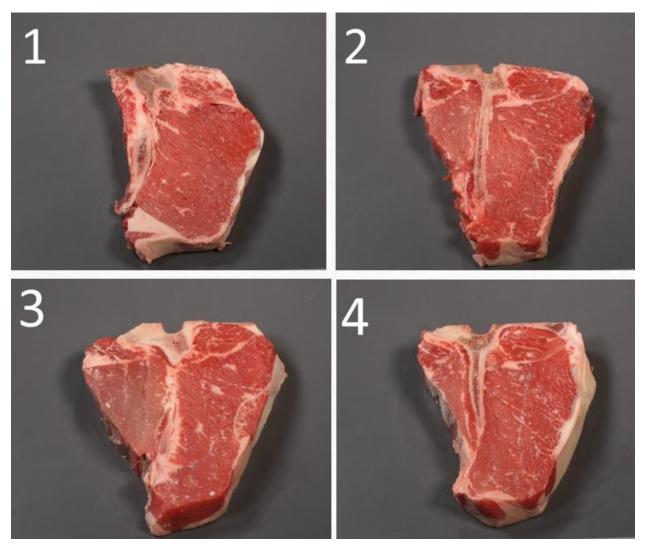
Class 3: Center Cut Ham Slices



Placing: 1324

Cuts: 2 5 3

Class 4: Beef Cuts



Notes: Disregard Lean Color Placing: 3241 Cuts: 3 3 4

Class 5: Pork Rib Chops



Placing: 2134

Cuts: 3 4 3

Exam:

- 1. The fat located within a muscle (intramuscular fat) in a retail cut is known as:
 - A. Subcutaneous fat
 - B. Marbling
 - C. External fat
 - D. Glaze
 - E. Seam fat
- 2. The major grading factor that is different between the beef quality grades of USDA Choice and USDA Prime is:
 - A. Maturity
 - B. Nutrition
 - C. Marbling
 - D. Lean color
 - E. None of the above are correct
- 3. The USDA Grade that indicates the amount of boneless closely trimmed retail cuts in a carcass is known as:
 - A. Quality grade
 - B. Yield Grade
 - C. Dressing Percentage
 - D. Cooler Shrinkage
 - E. Cutability
- 4. To qualify for "A" maturity, beef carcasses must be:
 - A. Over 2 years old
 - B. A yield grade 3.
 - C. Under 30 months of age.
 - D. A USDA Prime quality grade.
 - E. Predominately black hided.
- 5. The degree of marbling for a USDA Select grade would be:
 - A. Abundant
 - B. Modest
 - C. Small
 - D. Slight
 - E. Traces
- 6. The factors used to predict the USDA yield grades of beef carcasses are:
 - A. Hot carcass weight, last rib backfat and muscle score.
 - B. Hot carcass weight, loin muscle area and kidney, heart and pelvic fat.
 - C. Hot carcass weight, adjusted fat thickness and muscle score.
 - D. Hot carcass weight, adjusted fat thickness, rib eye area, and kidney, pelvic, and heart fat percentage.
 - E. Backfat, PYG and Adj. PYG

- 7. The primary grading factor used to calculate the USDA Quality grade for a lamb carcass is:
 - A. Hot carcass weight
 - B. Fat streaking in the flank.
 - C. Ribeye area
 - D. Fat thickness.
 - E. Body wall thickness

8. The Loin Muscle Area used for calculation of percent lean in a carcass is usually a measurement of the longissimus exposed by ribbing the pork carcass at the:

- A. Last rib
- B. First rib
- C. 10^{th} rib
- D. 12th rib
- E. 14th rib

9. Which of the following is an allergen that must be declared on a food label?

- A. Peanuts
- B. Milk
- C. Eggs
- D. All of the Above
- E. None of the Above
- 10. A Lamb Rib Chop retail cut that is "Frenched" is a:
 - A. Lamb Rib Chop that was raised processed in the southern part of France
 - B. Lamb Rib Chop that has the surface fat trimmed over the lower rib
 - C. Lamb Rib Chop that has the chine bone removed to allow a knife to cut between the ribs
 - D. Lamb Rib Chop that has all the muscle and fat tissue removed from the lower part of the rib bone.
 - E. Lamb Rib Chop that has been marinated in French wine
- 11.Oxtail is a variety meat that comes from what specie?
 - A. Pork
 - B. Lamb
 - C. Beef
 - D. All of the Above
 - E. None of the above
- 12. If two carcasses had the same carcass weight and the same ribeye area and one was a Yield Grade 3 beef carcass and the other is a Yield Grade 2 beef carcass, we would expect that the Yield Grade 3 carcass would have:
 - A. More backfat
 - B. More marbling
 - C. A greater percentage of kidney, pelvic and heart fat
 - D. Both A and C are correct
 - E. All of the above answers are correct

- 13. The less tender cuts of beef usually come from the:
 - A. Round and Chuck
 - B. Rib and Loin
 - C. Chuck and Loin
 - D. Rib and Round
 - E. Shank and Rib
- 14. The Primal cuts of lamb are:
 - A. Leg, loin, rack (or rib), shoulder, breast, and foreshank
 - B. Round, loin, rack (or rib), shoulder, brisket, shank, plate and flank
 - C. Round, loin, rib, chuck, brisket, shank, plate and flank
 - D. Ham, loin, Boston shoulder, picnic shoulder, belly, spareribs, neckbones and jowl.
 - E. Round, Loin, Belly and Shoulder.

15. The Pork Blade Steak retail cut comes from what primal?

- A. Ham/Leg
- B. Loin
- C. Shoulder
- D. Side/Belly
- E. B and D
- 16. The Beef Carcass ribeye measurement used for the calculation of USDA Yield Grade is measured at the:
 - A. Last rib
 - B. First rib
 - C. Last Lumbar
 - D. 10^{th} rib
 - E. 12th rib
- 17. A carcass with a Kidney Pelvic and Heart Fat percentage of 2.5% would have an adjustment to the preliminary Yield Grade of:
 - A. -0.2
 - B. -0.1
 - C. +0.0
 - D. +0.1
 - E. +0.2
- 18. To ensure food safety, ground beef should be cooked to an internal temperature of:
 - A. 145° F
 - B. 155° F
 - C. 160° F
 - D. 170° F
 - E. 175° F

- 19. A dot matrix grid for measuring the area (in square inches) of a beef ribeye has:
 - A. 100 dots per square inch
 - B. 20 dots per square inch
 - C. 10 dots per square inch
 - D. 5 dots per square inch
 - E. 1 dot per square inch

20. A beef carcass with an adjusted fat thickness of 0.6 inches would have a preliminary yield grade of:

- A. 2.0
- B. 2.5
- C. 3.0
- D. 3.5
- E. 4.0

Exam Answers:

- 1. B
- 2. C
- 3. B
- 4. C
- 5. D
- 6. D
- 7. B
- 8. C 9. D
- 9. D 10. D
- 10. D 11. C
- 11. C 12. D
- 12. D 13. A
- 14. A
- 15. C
- 16. E
- 17. A
- 18. C
- 19. C
- 20. D

Carcass Pricing:

Carcass: 1



Calculate the Quality Grade, Yield Grade, and Carcass Price/cwt for this carcass based on the following information.

Carcass Class: Market Steer

Quality Grade:

Carcass Maturity = A70

Marbling Score = Modest 60

Quality Grade: Choice o

Yield Grade:

Hot Carcass Weight: 775 pounds

Adjusted Fat Thickness: 0.6 inches

Ribeye area: 13.6 square inches

Kidney Pelvic & Heart Fat = 2.0%

Yield Grade: 3.15

Determine the Carcass Price (\$/cwt) from the table below:

Carcass Price (\$/cwt): <u>206</u> (Answer will be entered by participant)

Price in \$/c						Discounts
	Yield	Yield	Yield	Yield	Yield	>999 HCW
	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Subtract \$ 8.00
Prime	\$213.00	\$211.00	\$209.00	\$199.00	\$194.00	<600 HCW
Choice	\$210.00	\$208.00	\$206.00	\$196.00	\$191.00	Subtract \$10.00
Select	\$208.00	\$206.00	\$204.00	\$194.00	\$189.00	Excess Trim
Standard	\$196.00	\$196.00	\$196.00	\$186.00	\$186.00	Subtract \$10.00

Carcass: 2



Calculate the Quality Grade, Yield Grade, and Carcass Price/cwt for this carcass based on the following information.

Carcass Class: Market Steer

Quality Grade:

Carcass Maturity = A 60

Marbling Score = Slight 90

Quality Grade: _____Select+____

Yield Grade:

Hot Carcass Weight: 800 pounds

Adjusted Fat Thickness: 0.8 inches

Ribeye area: 12.8 square inches

Kidney Pelvic & Heart Fat = 3.0%

Yield Grade: _____

Determine the Carcass Price (\$/cwt) from the table below:

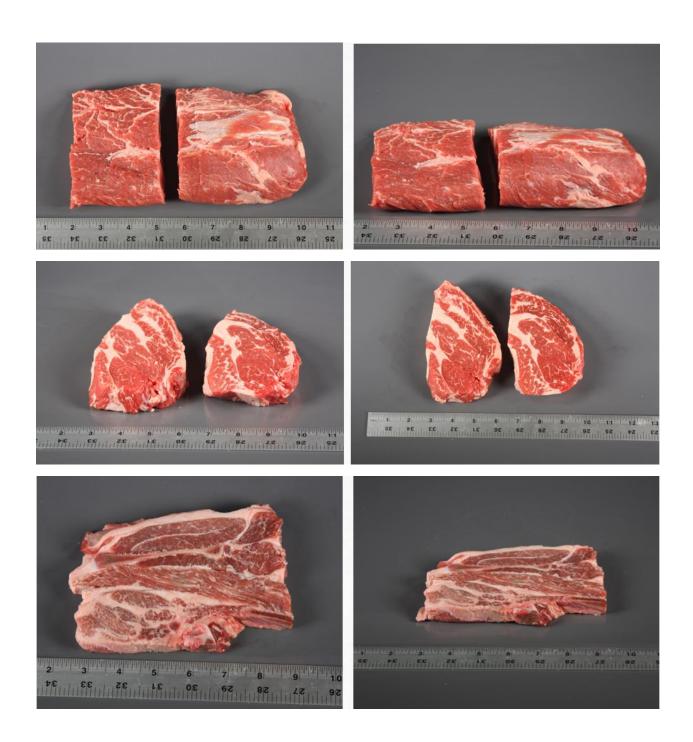
Carcass Price (\$/cwt): ____194 (Answer will be entered by participant)

Price in \$/c	wt of carca	ss.	a 20052		200586 18 894C	Discounts
	Yield	Yield	Yield	Yield	Yield	>999 HCW
	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Subtract \$ 8.00
Prime	\$213.00	\$211.00	\$209.00	\$199.00	\$194.00	<600 HCW
Choice	\$210.00	\$208.00	\$206.00	\$196.00	\$191.00	Subtract \$10.00
Select	\$208.00	\$206.00	\$204.00	\$194.00	\$189.00	Excess Trim
Standard	\$196.00	\$196.00	\$196.00	\$186.00	\$186.00	Subtract \$10.00

Retail Cut ID:



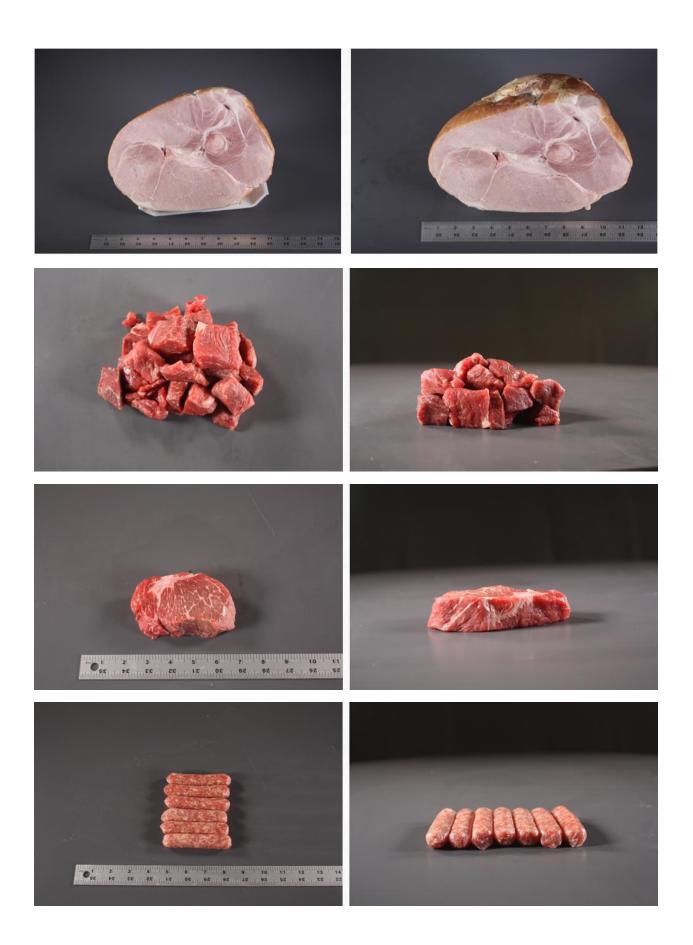


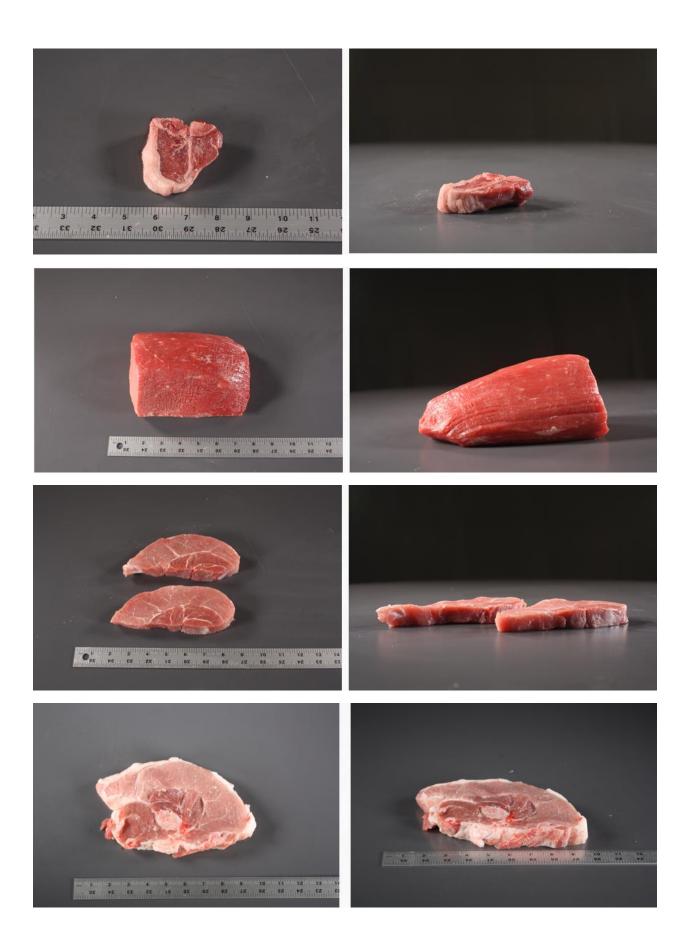


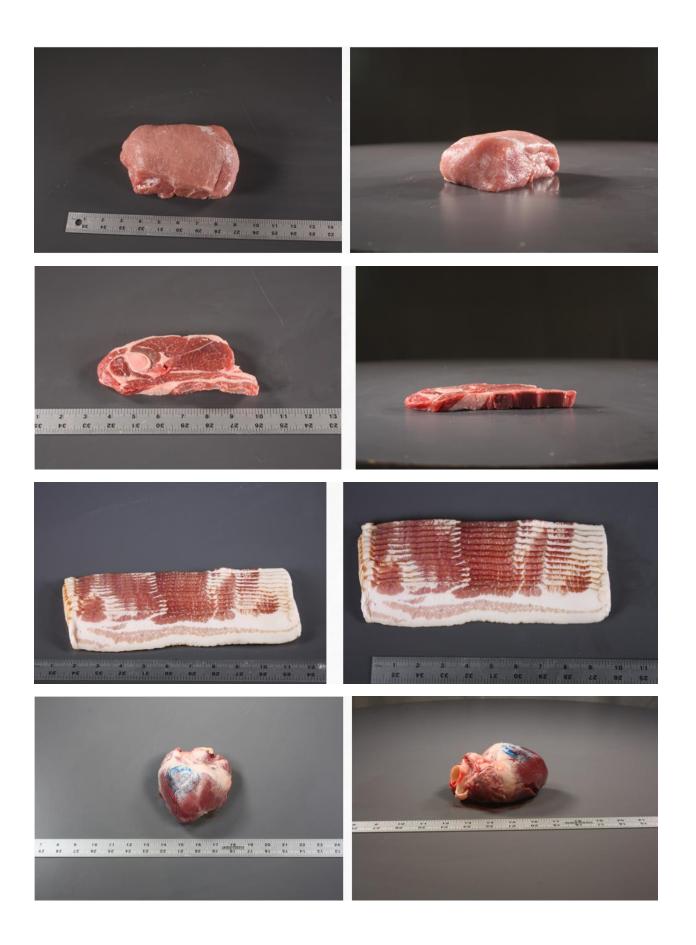














Retail ID Key:

Cut Number	Retail Cut	Species	Primal	
1	Loin Chops	Р	F	70
2	Hock	Р	Ν	86
3	Arm Roast	Р	J	03
4	Center Loin Roast	Р	F	11
5	Porterhouse Steak	В	F	49
6	Ribeye Steak, Lip	В	Н	50
	on			
7	Top Blade Steak	В	С	58
	(Flat Iron)			
8	Eye Steak, Bnls	В	С	45
9	Blade Chops	L	J	66
10	Rib Chop	Р	F	71
11	Rib Roast,	L	Н	23
	Frenched			
12	Tip Roast, Bnls	Р	Е	35
13	Ground Beef	В	Ν	84
14	Blade Steak	Р	J	42
15	Country Style	Р	Ν	69
	Ribs			
16	Smoked Ham,	Р	Е	96
	Rump Portion			
17	Beef for Stew	В	Ν	82
18	Mock Tender	В	С	48
	steak			
19	Pork Sausage	Р	Ν	87
	Links			
20	Loin Chops	L	F	70
21	Eye Round Roast	В	Ι	14
22	Sirloin Chops	Р	F	73
23	Arm Steak	Р	J	41
24	Sirloin Roasts	Р	F	30
25	Arm Chops	L	J	65
26	Sliced Bacon	Р	K	99
27	Heart	Р	М	76
28	Back Ribs	Р	F	05
29	Kidney	Р	М	77
30	Bottom Round	В	Ι	43
	Steak			

Contact:

Brianna Buseman, Youth Meat Extension Educator

Brianna.buseman@unl.edu