Level I Study Guide

This study guide is designed to prepare 4-H'ers to pass the Beginning Horseman level. Questions were taken from the Nebraska 4-H Horse Project Manual (EC 2-91-76) and the Nebraska 4-H Horse Show and Judging Guide (4-H 373). It is recommended the 4-H'er become familiar with the information on this study guide before taking the written and skills portion of this level.

1. In a balanced seat, what parts of the body should an imaginary vertical line go through? (4H458 pg. 45-46)

2. How do you tell a horse to turn right, turn left or to back up? (4H458 pg. 49, 55-56)

3. Where should you walk when leading a horse? (4H373 pg. 31)

4. How do you tell a horse to turn right using a neck (indirect) rein? How do you tell a horse to turn right using a direct rein? (4H458 pg. 42)

5. Always mount and lead a horse from which side?

6. Know grooming equipment, where it's used on the horse's body, what purpose it serves and how it is used. (4H458 pg. 31)

7. Explain a safe method to catch a horse. When catching a horse in the field, how should you approach it? (4H458 pg. 39)

8. When stopping, what cues are used? (4H458 pg. 50)

9. How many pounds of grain and/or hay does your horse receive daily? (4H458 pg. 21-23)

10. How do you know if the bit fits a horse properly? (4H458 pg. 36)

11. How tight should the throat latch, curb chain/strap and cavesson be adjusted? (4H458 pg. 36)

12. How should a saddle and pad be stored when not in use? a bridle? (4H458 pg. 33-34)

13. Describe how to clean a saddle and bridle.

14. How often should a horse have water? (4H458 pg. 24)

15. Explain how to pick up a horse's hoof and clean it out with a hoof pick. (4H458 pg. 32)

16. Western riders: Should the back cinch be connected to the front cinch by a connector strap? Why or why not? (4H458 pg. 37)
Know the Following:

• Parts of the saddle and bridle. Adjustment of the saddle and bridle. Method to saddle and bridle a horse. (English or Western)
• Proper-care and storage of bridle, saddle, blanket and halter when not in use.
• Identify grooming equipment and its uses.
• Safe and correct procedures when working around, a horse.
• Principles of correct position in the saddle, including use of hands, legs and seat.
• Basic cues for horsemanship.
• Safe method to pass other horses while riding as a group.
• What feeds does your horse eat?
• How much is being fed? (pounds)
• When and how is the horse fed?